

## Body Planes

The body is divided into imaginary planes.

The midline is the **vertical plane** that divides the body from top to bottom into equal left and right halves.

The **coronal plane**, also known as the **frontal plane**, is a vertical line at a right angle to the midline. This plane divides the body into back and front portions.

The **transverse plane** is a horizontal line that divides the body into upper and lower portions.