**EXAMPLE**

**Self-Assessment of NLN Core Competencies for Nurse Educators Worksheet**

You are to reflect upon and complete a self-assessment at the beginning of Week 1 and submit it by 11:59 p.m. MT Sunday of Week 1. You are to identify your level of competency for each of the sub-competencies listed on the worksheet (see example). In the next column, you will see the course outcomes that are aligned with the NLN Nurse Educator Core Competencies. The Course Outcomes are not specific to the individual sub competencies however by meeting the course outcomes, you will be able to increase your knowledge, skills, and abilities in the Core Competency identified for this course. In the final column for Week One, identify a specific example of what you will do throughout this course to achieve each course outcome (possible points = 50).

**Week One**

In week one, in column 2, place a rating (1, 2, 3) that best represents your confidence that you meet each sub competency at this point in your education career.

1= I am not confident at all that I meet these competencies; I need significant education and practice in this area.

2= I am somewhat confident that I meet this competency but could use some additional education and practice in this area.

3= I am very confident that I meet this competency and do not need additional education or practice in this area except for traditional continuing education to update my skills.

In column 4, provide a **specific measurable example** of how you plan to meet the course outcome during the next eight weeks.

**Week Eight**

In week eight, you will again identify your level of competency for each of the sub-competencies. Use the same worksheet that you used in week one. The assignment is to be submitted for grading by **11:59 p.m. MT Wednesday of Week 8** (possible points = 50).

In week eight, in column 5, again place a rating (1, 2, 3) that best represents your confidence that you meet each sub competency at the end of the course.

1= I am not confident at all that I meet these competencies; I need significant education and practice in this area.

2= I am somewhat confident that I meet this competency but could use some additional education and practice in this area.

3= I am very confident that I meet this competency and do not need additional education or practice in this area except for traditional continuing education to update my skills.

In week eight in column 7, provide a specific measurable example of how you met the course outcome during the past eight weeks.

**Remember you are still in the development stage so not all (or any) of the competencies are expected to be at level 3 by the end of this course.**

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| NR 524: Competency #4: Competency IV: Participate in Curriculum Design and Evaluation of Program Outcomes  Nurse educators are responsible for formulating program outcomes and designing curricula that reflect contemporary health care trends and prepare graduates to function effectively in the health care environment | | | | | | | |
|  | **Week One** | | |  | **Week Eight** | | |
| **NLN Sub-competency** | **Level of Confidence:** | **NR 524 Course Outcomes** | **Specific Example of how you will demonstrate each course outcome** |  | **Level of Confidence:** | **NR 524 Course Outcomes** | **Specific Example that shows how you demonstrated each course outcome** |
|  | **Complete this section in Week One of the course. NOTE: Complete a specific example for only the 5 identified course outcomes.** | | |  | **In Week Eight of the course, you will complete this section.**  **First, identify your level of confidence. Remember we do not expect you to be an expert (level 3).**  **Then identify a specific example of what you did during the course to meet each of the course outcomes.** | | |
| Ensures that the curriculum reflects institutional philosophy and mission, current nursing and health care trends, and community and societal needs, so as to prepare graduates for practice in a complex, dynamic, multicultural health care environment. | 1 | 1. Design curricular components based upon knowledge and concepts from education and related disciplines to achieve quality health outcomes (Care-Focused) (PO 2) | EXAMPLE  During this course, I will be active in the peer collaboration section of the course as I post the curricular components I develop and provide constructive feedback to my classmates on their curricular components. |  | 1 | 1. Design curricular components based upon knowledge and concepts from education and related disciplines to achieve quality health outcomes (Care-Focused) (PO 2) | EXAMPLE  My plan to meet this course outcome was to be active during this course, in the peer collaboration section of the course. I managed to post my curricular component by Monday of each week. I provided feedback to three of my classmates each week. The feedback I received helped me to refine the specific area for the week and produce a better product. |
| Demonstrates knowledge of curriculum development, including identifying program outcomes, developing competency statements, writing learning objectives, and selecting appropriate learning activities and evaluation strategies | 1 | 2. Demonstrate critical understanding of curriculum processes that benefit diverse learners (Cultural humility) (PO3) | Provide an example of how you will meet this course outcome. Be specific. |  | 1 | 2. Demonstrate critical understanding of curriculum processes that benefit diverse learners (Cultural humility) (PO3) | Provide an example of how you met this course outcome. Be specific. |
| Bases curriculum design and implementation decisions on sound educational principles, theory, and research. | 1 | 3. Distinguish how political, institutional, social, and economic forces impact the nurse educator role (Care-focused) (PO2) | Provide an example of how you will meet this course outcome. Be specific. |  | 1 | 3. Distinguish how political, institutional, social, and economic forces impact the nurse educator role (Care-focused) (PO2) | Provide an example of how you met this course outcome. Be specific. |
| Revises the curriculum based on assessment of program outcomes, learner needs, and societal and health care trends. | 1 | 4. Develop curriculum that reflects current trends, addresses community and societal needs, and prepares graduates for practice in a complex, dynamic healthcare environment (Care-focused) (PO 2) | Provide an example of how you will meet this course outcome. Be specific. |  | 1 | 4. Develop curriculum that reflects current trends, addresses community and societal needs, and prepares graduates for practice in a complex, dynamic healthcare environment (Care-focused) (PO 2) | Provide an example of how you met this course outcome. Be specific. |
| Implements curricular revisions using appropriate change theories and strategies | 1 | 5. Function as a change agent and leader to create a dynamic future for nursing education and nursing practice (Professional identity) (PO4) | Provide an example of how you will meet this course outcome. Be specific. |  | 1 | 5. Function as a change agent and leader to create a dynamic future for nursing education and nursing practice (Professional identity) (PO4) | Provide an example of how you met this course outcome. Be specific. |
| Creates and maintains community and clinical partnerships that support educational goals. | 1 | Do Not Write Anything in this section | | 1 | Do Not Write Anything in this section | |
| Collaborates with external constituencies throughout the process of curriculum revisions | 1 | 1 |
| Designs and implements program assessment models that promote continuous quality improvement in all aspects of the program. | 1 | 1 |