

## NR103 Transition to the Nursing Profession Final Project Guidelines

### Purpose

The purpose of this assignment is to give you the opportunity to reflect back on what inspiration you will take with you through the program, what lessons you will take away from the course, and the ability to write a letter to your future self about where you hope you will be when you graduate from Chamberlain.

**Course outcomes:** This assignment enables the student to meet the following course outcomes:

CO 2. Identify characteristics of professional behavior including emotional intelligence, communication, and conflict resolution.

**Due date:** Refer to the course calendar for due date information.

**Total points possible:** 125 points

### Preparing the assignment

There are three parts to this assignment. Speak with your faculty member if you have questions.

1. **Letter for Graduation** (30 points/24%)
  - a. Your assignment is to write a letter to yourself on your graduation day.
  - b. Consider the following questions as you compose your letter.
    - i. How do you hope you have changed in terms of knowledge and skills, and personally?
    - ii. What would you like to remind yourself about your inspiration for choosing this career?
    - iii. You will be preparing to take the NCLEX exam and to start your first job as a baccalaureate-prepared nurse. Are there any words of encouragement that you would like to tell your future self?
    - iv. Are there any words of caution you want to tell yourself—pitfalls to avoid?
    - v. What kind of nurse do you hope you have become? What further growth and change do you envision for yourself?
  - c. Bring this letter on the last day of class in an envelope with your name on the front. We will make sure it is delivered to you when you have completed your academic work at Chamberlain and are ready to receive your baccalaureate degree in nursing.
2. **Inspiration** (30 points/24%)
  - a. In addition to the letter, on the last day of class bring in one page that you create that represents your inspiration for becoming a nurse. It may be a picture, a collage, a series of quotes, and so forth. Choose words and images that are meaningful to you. This should be a picture that you can post somewhere, perhaps where you study, in order to motivate yourself as you move forward on your journey to become a nurse.
3. **Reflections Presentation** (65 points/52%)
  - a. On the last day of class, you will be asked to come prepared to give a short 5-minute speech that discusses the following topics.
    - i. What does your inspiration mean?
    - ii. Name one concept that challenged you during this course.
    - iii. What has been the greatest lesson you have learned?
    - iv. How will what you have learned help you be successful at Chamberlain?

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### Grading Rubric

Criteria are met when the student's application of knowledge demonstrates achievement of the outcomes for this assignment.

Assignment Criteria (Points possible/% of total points available)	Highest Level of Performance	High Level of Performance	Satisfactory Level of Performance	Unsatisfactory Level of Performance
<b>Letter for Graduation</b> (30 points/24%)	<b>30 points</b>			<b>0 points</b>
<b>Required criterion</b> Letter presented in class, in a sealed envelope with name present.	Criterion met			Criterion not met
<b>Inspiration</b> (30 points/24%)	<b>30 points</b>			<b>0 points</b>
<b>Required criteria</b> 1. Picture, collage, or series of quotes 2. Reflect motivation for and/ or meaning of inspiration 3. Graphics relate or are relevant to the topic	All criteria met			One or more criteria not met
<b>Reflection Presentation</b> (65 points/52%)	<b>65 points</b>	<b>55 points</b>	<b>49 points</b>	<b>0 points</b>
<b>Required criteria</b> 1. Describes the inspiration and the relationship of the inspiration to being a nurse 2. Defines one concept that was challenging about the course 3. Discusses the most important lesson learned 4. Summarizes how the NR103 course will help with preparation to be successful at Chamberlain.	All criteria met	Three criteria met	Two criteria met	One or no criteria met
<b>Total Points Possible = 125 points</b>				